



# Soondal (Mango & Garbanzo Salad) In The Sun

## Ingredients:

- Garbanzo beans - 1 can
- Onion - 1/2 cut
- Cilantro - handful cut
- Green chili - 2 cut
- Mustard seeds - 1 tsp
- Coconut grated - 1 tbsp
- Salt – Add to taste
- Red chili pods - 2
- Mango – 1/2 cut and grated
- Curry leaves - 3 numbers

## Method:

- Heat oil in a pan, add the mustard seeds, red chili pods, green chilies, onions.
- Open the garbanzo bean can, wash and drain it, now add it to the pan.
- Mix everything well and then add cilantro, mango, salt and mix everything well.
- Switch the heat off. Now add the coconut and mix everything well.
- Enjoy!!! That's it, its ready to serve.

## Servings:

Enough for 4 people. Adjust as needed.